

## Universal/Standard Precautions for Protection against Blood Borne Diseases

On the date below, I received training on Blood Borne Pathogens. I had opportunity to ask questions of a qualified health professional regarding the information contained.

I agree to abide by the safety precautions required by Whitman County, in compliance with Washington Industrial Safety and Health Act (WISHA) and Occupational Safety and Health Act (OSHA) standards.

Universal/Standard Precautions refers to a system of infectious disease control that assumes that every contact with body fluids is infectious and requires every employee to be protected as though such body fluids were infected with infectious diseases.

The following are specific steps that must be taken for protection against contamination from infected blood or body fluids of another person or from injury by a contaminated sharp object:

- Wash hands frequently to reduce the risk of exposure to infectious disease.
- Wear gloves if there is even a possibility you might have contact with another person's body fluids.
- After the removal of gloves or after exposure to blood or other potentially infectious materials, wash hand (or affected areas) thoroughly with soap, friction, and running water as soon as possible. If direct mucous membrane contact occurs, flush affected mucous membranes with large amounts of water.
- Wear gloves once and discard: do not attempt to wash and reuse. The only gloves that are reused and washed are rubber household cleaning gloves.
- Clothing or supplies contaminated with body fluids should be placed in a biohazard (red) and marked with a biohazard label and tied.
- Used needles or pieces of glass or other sharp material that have been contaminated with potentially infectious materials must be discarded in a sharps container or an impenetrable container with a biohazard label.
- If a possible exposure incident has occurred, contact your supervisor or the Human Resources Director as soon as possible, but within 24 hours.
- Always assume all blood or body fluids are contaminated and potentially harmful to you health and practice Universal/Standard Precautions.

I have read and agree to abide by the Universal/Standard Precautions Procedures as listed above. I understand that if I have questions or concerns; I may contact my immediate supervisor or the Human Resources Director.

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Printed Name of Employee/Department

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Signature of Employee

\_\_\_\_\_  
Date